

"A Community Of Many Faithing Communities Where All Belong!"

Living Waters Contemplative Life Center | Divine Intervention Ministry to the Homeless Tippecanoe just.good.food Garden | Food Justice Site PCUSA Arts and Science Literacy Camps for Children

Welcome To Worship

<u>August 14, 2022</u> 9:30 a.m.



Welcome to this time of being with God and each other.

TODAY'S WORSHIP

Preparing to Worship...

♦Prelude

♦Welcome and community news

Interfaith Picnic on Sunday, September 11th from 1-5 pm at Humboldt Park

♦Readying Ourselves for Worship

Surely God is in this place, Holy Ground! Surely God is in this place, Holy Ground!

♦Centering ourselves in this moment...

Please take a moment to move forward in your chair so that your feet are flat on the floor.

Breathe normally as you listen to this introduction.

Continuing the theme of faith in action on climate change and planetary resilience, this week I'm focusing on a process called Work That Reconnects. The practice grows out of Buddhism – a non-religious spiritual practice. Today I'm drawing on a short online seminar I took a couple of weeks ago with Buddhist environmental activist Joanna Macy, 93 years young. She provided background on her decades of work developing her awareness of and sensitivity to the pain of the natural world. And, she talked about her prophecy of the Shamballa warrior as crucial to our world.



Now shift your hands to rest gently on your knees to support a slight lean forward of the body from the hips.

Work That Reconnects has also been known as deep ecology and 'despair and empowerment' work. There are many resources available on WTR including Joanna Macy's recently revised book *ACTIVE HOPE: How to Face the Mess We're In with Unexpected Resilience and Creative Power*. We'll also do a bit of meditative breathing, cube breathing as well as JUST breathing. And, we'll take a few minutes to dig into Joanna Macy's five vows.

Gently sit back in your seat and cross your arms.

People of many traditions and backgrounds have participated in WTR over many years. And, they in turn, offer training and workshops to inspire others around the world to become part of the 'great turning.' The Work That Reconnects is ecumenical, as Pope Francis and hundreds of other religious remind us in their support of Joanna's amazing work.

- **♦Gathering Hymn: Wind of the Spirit #157 (Worship & Praise)**
- **♦Becoming Present to God and Each Other...Our Check-in:** How Are You as You Arrive...how is it with your spirit?
- **♦The Joy of Passing the Peace**
- **♦And the Children Will Lead the Way**



♦Being Mountain, Being River (a short meditation)

Tradition of the BELL





♦Gathering as God's People

Work That Reconnects begins with a calling of beings – past, present and future

One: You, who have gone before, our ancestors and teachers, you who walked in love and faithfully attended this earth, be present to us now, so that we may carry on your legacy. We say your names and in our minds see your faces

All: gather with us now in this, join with us now in this place, gather with us now in this, join with us now in this place.

One: Yes, call now on the beings of the present time with whom we live and work on this endangered planet. You who have been willing to be open eyed in this dark danger, sign up with us now. Let us come alive to our solidarity and know how deeply we belong to each other and to our mother earth. Silently we say your names and picture your faces.

All: Join with us now in this place, gather with us now in this place. Join with us now in this place, gather with us now in this place.

One: Lastly, we call on the future beings and as such our optimism. You who will come after us on this earth, we hold you in our heart mind now. All you to be born in the ages to come, it is for your sakes that we Labor now. We feel the reality of your claim on life.

All: Our hearts want a clean, strong, plentiful and fertile planet to be here for you.

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♦Sharing our Innermost Lives with God

Gratitude to our ancestral teachers to those who keep us strong and deep and true, we do not wobble and we also do not hold too firmly to any fixed place. We gather our hearts and mind together in the present moment.



♦Time of Silent Reflection

&Wisdom Teaching

"Active Hope is waking up to the beauty of life on whose behalf we can act.

We belong to this world."

Joanna Macy

♦ The 5 Vows of Active Hope

What is a vow? How do we hold ourselves and others to a 'vow' that is pledged to the "earth?"

Small group reflection:

I vow to myself and each of you...

- 1. To commit myself daily to the healing of our world and the welfare of all beings.
- 2. To live on Earth more lightly and less violently in the food, products and energy I consume.
- 3. To draw strength and guidance from the living Earth, the ancestors, the future beings, and my siblings and kin of all species.

- 4. To support each other in our work for the world and to ask for help when I feel the need.
- 5. To pursue a daily practice that clarifies my mind, strengthens my heart, and supports me in observing these vows.

♦Sharing Our Wisdom

♦Message

"Dance of the Shamballa Warrior"

Betty Salamun

♦Affirming Our Faith with Intention

One: We are striving to be...

I: relevant

II: and responsive,

I: open

II: and affirming,

I: engaged

II: and engaging,

I: informal

II: and radically traditional.

One: Welcoming all.

I: Honoring the sacred masculine

II: and the sacred feminine,

I: Embracing the mystic within,

II: We are of one spirit....

One: not necessarily of one mind.

I: Mission bound.

II: Educationally engaged.

I: Children and teens show us "The Way".

II: Elders honored.

I: Visitors expected.

All: Full of gratitude and seeking grace!

♦Community Prayers and the Pastoral Prayer

♦The Metta Prayer

May I be happy.
May I be well.
May I be filled with loving kindness.

May you...
a friend...
the stranger...
all living creatures on the earth...
all living creatures of the oceans...
all winged beings
all plants and trees...



♦Sung Benediction: #467 Give Us Light Give Us

Give Us...

Grant Us...

Show Us...

One: Now that the worship has ended, may the service truly begin.

♦Our Response...

Holy One, now we your servants go in peace. Your Word lives on in us.

♦Postlude