

"A Community Of Many Faithing Communities Where All Belong!"

Living Waters Contemplative Life Center | Divine Intervention Ministry to the Homeless Tippecanoe just.good.food Garden | Food Justice Site PCUSA Arts and Science Literacy Camps for Children

Welcome To Worship

<u>January 24, 2021</u> 9:30 a.m.

The Light Is Within Me!



Welcome to this time of being with God and each other.

TODAY'S WORSHIP

3rd Sunday after Epiphany

Preparing To Worship...



The Light Is Within Me!

♦Welcome and Community News

♦Readying Ourselves for Worship

Surely God is in this place, Holy Ground!
Surely God is in this place,
Holy Ground!

♦Becoming Present to God and Each Other...Our Check-in:

How Are You As You Arrive... how is it with your spirit?

♦Gathered As God's People: A Music Video "Where Is The Light?" https://www.youtube.com/watch?v=r8tNC0tpkYc&feature=youtu.be

One: Please ready yourself to turn in your seat or stand as you are able if you choose. You will be invited to use your body and then your voice as your part in today's call.

One: God called to Jonah, but, at first, he turned away.

(PLEASE TURN AWAY FROM THE SCREEN...AND CONTINUE TO LISTEN.)

One: Jesus called the fishers by the sea, and they followed Him. (PLEASE TURN BACK TO FACE THE SCREEN AND CONTINUE TO LISTEN.)

One: God calls us to turn our lives around and follow, too.

(PLEASE TURN AROUND IN A COMPLETE CIRCLE OR SWIRL YOUR HANDS IN A CIRCLE...and release a sigh too deep for words.)

All: We proclaim: The light is within us. We turn our lives around and follow with a spirit of power and peace.

♦Opening Ourselves To God's Grace

♦Sharing Our Inner Most Lives With God (based on Jonah and 1 Corinthians)

"The present form of this world is passing away." Meaning....

The world as I see it is on its way out! Thank God! Do you have any idea how anxious this world makes me? How hard I am trying to get it right. But I find myself repeatedly doing the very things that haven't worked to address what is "broken" and really needs "fixing". I'm adding to my own anxiety.

I surround myself with people and things that bring me comfort, or hide me, or keep me busy so I won't have to notice my real life. Sometimes it feels like I'm spinning out of control, being thrown overboard. I'm the one in the belly of a whale! I feel swallowed up whole....just like Jonah!

And, like Jonah...I know I bring much of it on myself through the choices I make. I often run away just like he did. And, just like him, it gets worse, not better, when I do. And yet, I keep running away. I let anxiety overwhelm me time and time again. It's me who's drowning now, Lord...not Jonah!

Lord God, give me Jonah's final resolve and wisdom....to turn toward You when I need You most.

"Spew" me up on dry land and give me a second chance like You did Jonah.

I begin to put aside family, mourning, rejoicing, buying, possessing. I hear Your call to act in faith and trust for "the present form of this 'anxious' world is indeed passing away." And that's a good thing and depends on me showing up in a new world in new ways.

Free me from paralyzing anxiety and open me to your graced do-overs. Lord, You hear my prayer.

❖ You may wish to name with God a way in which anxiety swallows you up whole; or you may share a time you caught a glimpse of the way it could be and made new choices; or you may simply invite Jesus to come beside you shining his healing light all around and through you.



♦Our Assurance of God's Love With Us: I Give Myself Permission https://www.youtube.com/watch?v=JinPrT-pi_s&list=RDPKDeCcGwU94&index=25

♦Bible Wisdom Teachings

The Gospel of Mary 4:1b-10, 5...the goodness of Humanity is within us

The Blessed One (the Risen Christ) greeted them all, saying: "Peace be with you!

Bear my peace within yourselves. Beware that no one lead you astray saying, "Look over here!

Or "Look over there!" For the Child of Humanity is within you! Follow it! Those who seek it will find it.

Go then and proclaim good news of the realm. Do not lay down any rules beyond what I determined for you, nor give a law like the lawgiver, lest you be confined by it. When He had said this, he departed.

But they were pained. They wept greatly, saying, "How shall we go to the nations and proclaim the good news of the Child of Humanity? If they did not spare him, how will they spare us?"

Then Mary stood up. She greeted them all, and said to her brothers and sisters, "Do not weep and be pained, nor doubt, for all His grace will be with you and shelter you.

But rather let us praise His greatness, for He has prepared us and made us Humans."

When Mary said this, she turned their heart to the Good, and they began to discuss the words of the Savior.

1 Corinthians 7:29-31... the call to a new day and a new world begins with you...at home

Jonah 1:1-4, 10b, 15, 17; 2:1a, 10; 3:1-10... the recalcitrant prophet changes his own and God's mind

Mark 1:14-20...we are called from Empire's oppression

♦Prompting

The Light Is Within Me

"Swallow and Follow" Rev. Karen S. Hagen

♦Special Music Video: Remind Me Who I Amhttps://www.youtube.com/watch?v=eKyY8zfjBMQ

YOU ARE THE ONE! YOU ARE BELOVED! YOU BELONG! **♦Sharing Our Wisdom...Our Light!

HU - form of light MAN - manifest

HUMAN

Form of light manifested in body

♦ Affirming Our Faith With Intention... Our Prayer (Poem by John O'Donohue, adapted)

May warmth of heart keep my presence aflame.

May anxiety never linger about me.

May my outer dignity mirror an inner dignity of soul.

And I take time to celebrate the quiet miracles that seek no attention.

May I be consoled in the secret symmetry of my soul.

May I experience each day as a sacred gift woven around the heart of wonder.

My light shines, even in the darkness.

♦ Community Prayers: Pastoral Prayer and The Lord's Prayer ♦ Honoring the Sustaining Financial Gifts of Our Faithing Community

♦Special Slideshow of Theme

♦Benediction...*Becoming a Living Blessing*

What of this shared wisdom goes with you as helpful and life-giving?



♦Our Response ...Holy One, now we your servants go in peace. Your word lives on in us.

Hear this service presented on Tippe Talk podcast, link on our website & Facebook.